

## Anticipation Guide : Digestion Problems

Name \_\_\_\_\_ Date \_\_\_\_\_

**Before reading pages 118-120:** In the space to the left of each statement, place a check mark ( ✓ ) if you agree or think the statement is true.

**During or after reading:** Add new check marks or cross through those about which you have changed your mind. Keep in mind that this is not like the traditional “worksheet.” You may have to put on your thinking caps and “read between the lines.” Use the space under each statement to note the page(s), and paragraph(s) where you are finding information to support your thinking.

\_\_\_ 1. Digestion problems are caused by people themselves.

\_\_\_ 2. If you are allergic to certain foods, it is because your body thinks those foods are a disease or virus that it must deal with.

\_\_\_ 3. Diarrhea is the opposite of constipation.

\_\_\_ 4. If you have constipation, you should drink more water.

\_\_\_ 5. If you have diarrhea, you should drink more water.

\_\_\_ 6. You can die from constipation.

\_\_\_ 7. You can die from diarrhea.

\_\_\_ 8. People actually cause allergies in some other people.

\_\_\_ 9. Food intolerance and food allergies are pretty much the same thing.

\_\_\_ 10. Ham and bacon are not good for you.

\_\_\_ 11. Food kills.